

LAST SUNDAY AFTER
THE EPIPHANY
(The Transfiguration)



March 2, 2025
10:30 am

“God places us in the world as his fellow workers - agents of transfiguration. We work with God so that injustice is transfigured into justice, so there will be more compassion and caring, that there will be more laughter and joy, that there will be more togetherness in God's world.
-Desmond Tutu

Welcome and Introduction

The Presider welcomes the gathering informally and announces the first hymn

Gathering Hymn - *Come Down, O Love Divine (CP 645)*

1. Come down, O Love divine,
seek thou this soul of mine,
and visit it with thine own ardour glowing;
O Comforter, draw near,
within my heart appear,
and kindle it, thy holy flame bestowing.
2. O let it freely burn,
till earthly passions turn
to dust and ashes in its heat consuming;
and let thy glorious light
shine ever on my sight,
and clothe me round, the while my path illuming.
3. Let holy charity
mine outward vesture be
and lowliness become mine inner clothing
true lowliness of heart,
which takes the humbler part,
and o'er its own shortcomings weeps with loathing.
4. And so the yearning strong,
with which the soul will long,
shall far outpass the pow'r of human telling;
For none can guess its grace,
till we become the place
wherein the Holy Spirit finds a dwelling.

Presider The grace of our Lord Jesus Christ
and the love of God
and the community of the Holy Spirit, be with you all.
All And also with you.

Presider Almighty God,
**All to you all hearts are open,
all desires known and from you no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

Collect of the Day *(the special prayer which 'collects' the
theme of the day)*

Presider Compassionate God,
you transfigured your Son, Jesus Christ,
before the eyes of your chosen witnesses
and they were overcome by fear.
Transfigure us so that we may turn from fear to love
and reveal your compassion for all humanity;
through Jesus Christ, the beloved. **Amen.**

*At this time, children & youth are invited to join the teachers at the back
of the sanctuary for Kids Church.*

*They are also welcome to remain with their families in the sanctuary
if that is their choice. The children will return prior to communion*

Gloria - Mass of Glory

Refrain: 1st time: Cantor, All repeat; thereafter: All

Glo-ry to God, glo-ry to God, glo-ry to God in the high-
- est, and peace to his peo - ple on earth. **2** to Vss.

Last time
Glo-ry to God, glo-ry to God, glo-ry to God in the
high-est, and peace to his peo - ple on earth.

A - men, a - men, a - men.

All: 1. Lord God, heavenly King
almighty God and Father,
we worship you, we give you thanks
we praise you for your glory. **Refrain**

All: 2. Lord Jesus Christ, only Son of the Father
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer. **Refrain**

All: 3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. **Refrain**

Proclamation of the Word

The Readings

Presider Let us prepare ourselves for the Word of God as it comes to us through the reading of the Holy Scriptures.

All **Our hearts and minds are open**

First Reading - *Exodus 34:29-35*

Reader Hear what the Spirit is saying.

All **Thanks be to God.**

Psalm - *Psalm 99 - You Alone Are the Holy One*

George Black



1. God is enthroned upon the cherubim;
let the earth shake and its people tremble.
Our God is great in Zion;
and high above all peoples.
Let them confess the Name which is great and awesome,
Our God is the Holy One. **Refrain**
2. "O Mighty Sovereign, lover of justice, you have established equity;
you have executed justice and righteousness in Jacob."
Proclaim the greatness of our God, bow down in worship:
You, God, are the Holy One. **Refrain**
3. Moses and Aaron among your priests, and Samuel among those who
call upon your name,
they called upon you and you answered them.
You spoke to them out of the pillar of cloud,
they kept your testimonies and the decrees that you gave them. **Refrain**
4. "O God, you answered them indeed;
you were a God who forgave them, yet punished them for their
evil deeds."
Proclaim God's greatness; worship upon the holy hill;
for God is the Holy One. **Refrain**

Second Reading - 2 Corinthians 3:12 - 4:2

Reader Hear what the Spirit is saying
All **Thanks be to God**

Please stand as you are able for the Gospel Reading

Gospel Acclamation

*Refrain: All

Al-le - lu - ia! Al-le - lu - ia!

Al-le - lu - ia! Give the glo-ry

1 and the hon-or to the Lord!

2 and the hon-or to the Lord!

© 1991, Ken Canedo and Bob Hurd. Published by OCP Publications. All rights reserved.

Reader May God be with you.
All **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ
according to Luke.

All **Glory to you, Lord Jesus Christ.**

Gospel – *Luke 9:28-43*

Deacon The Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

Homily Rev. Carla McGhie

Anthem - *Take This Moment*

Affirming Our Faith

Presider: You are invited to join in an affirmation of faith,

All **We believe in God, the Source of Life,
by whom every being in heaven and earth
Is created, named and sustained.**

**We believe in God, the Living Word,
who restores us to relationship
and speaks to us through faith.**

**We believe in God the Holy Spirit,
who comforts, guides and strengthens us
to share the good news of grace .**

**We believe in God,
One, holy, undivided Trinity:
Source of Life, Living Word, Comforter:
Mystery. Amen.¹**

Prayers of the People

Confession & Absolution

Presider Confident of God's love for us, let us offer our prayers.

We keep a moment of quiet for reflection

Presider Gentle God,

**All your light shines in all Creation,
but we have not looked for it.
Your light shines in us,
but we have not shone fully with your grace.
Forgive our dullness,
cleanse all that obscures your light,
and shine in us more perfectly,
that we may be light for the world
by the grace of Christ,
with the radiance of your Holy Spirit. Amen.**

Sharing of the Peace

Presider The peace of God be always with you.

All And also with you.

The Peace is shared in the community, respecting personal boundaries

Offertory

*In gratitude for all we've received, we offer of ourselves back to God.
Bread, wine, and money symbolize the fruits of our labour. If you give
through Pre-Authorized Donations, you're welcome to use a blue card to
represent your offering to the glory of God.*

Offertory Hymn - *Heaven Shall Not Wait* (HGSP 362)



1. Heav'n shall not wait For the poor to lose their
 2. Heav'n shall not wait For the rich to share their
 3. Heav'n shall not wait For the dawn of great i -
 4. Heav'n shall not wait For our le - gal - ized o -
 5. Heav'n shall not wait For tri - um - phant hal - le -



pa - tience, The scorned to smile, the de -
 for - tunes, The proud to fall, the e -
 de - as, Thoughts of com - pas - sion di -
 be - dience, De - fined by stat - ute, to
 lu - jahs, When earth has passed and we



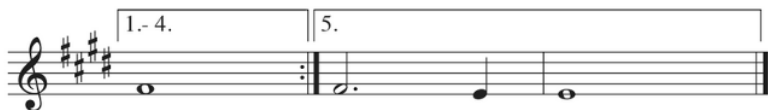
spised to find a friend: Je - sus is
 lite to tend the least: Je - sus is
 vorced from cries of pain: Je - sus is
 strict con - ven - tions bound: Je - sus is
 reach an - oth - er shore: Je - sus is



Lord; He has cham - pioned the un - want - ed;
 Lord; He has shown the mas - ters' priv - 'lege—
 Lord; He has mar - ried word and ac - tion;
 Lord; He has hall - marked true al - le - giance—
 Lord In our pres - ent im - per - fec - tion;



In him in - jus - tice con - fronts its time - ly
 To kneel and wash ser - vants' feet be - fore they
 His cross and com - pa - ny make his pur - pose
 Good - ness ap - pears where his grace is sought and
 His pow'r and love are for now and then for



end. ev - er - more.
 feast.
 plain.
 found.

Prayer Over the Gifts

Presider God of all creation,
**all you have made is good,
and your love endures forever.**
**You bring forth bread from the earth
and fruit from the vine.**
Nourish us with these gifts,
**so that we might for the world
signs of your gracious presence
in Jesus Christ, our Saviour and Lord. Amen.**

Celebration of our Sacred Meal

Presider May God be with you
All And also with you

Presider Lift up your hearts
All We lift them up

Presider Let us give thanks to God our Creator
All It is right to give our thanks and praise

Presider It is right at all times and in all places to thank and praise you Creator of all. We praise you here on this Coast Salish land where the Fraser River meets the Salish Sea, where city and farm, wilderness and industry are side by side. We praise you at a time when the body of earth is broken again and again.

We give thanks for our place in the story of salvation. Our ancestors journeyed with you in creation and migration. They depended on the land, were displaced from the land and displaced others from their lands. They knew you in tents and cities, on mountains and by wells, in families and in dreams, and through wilderness prophets who *spoke of cedars and listened to ravens.*

Together with angels and ancestors, *orca and salmon, bear and raven, salal and cedar* we join our voices with all creation in this ancient honour song:

Sanctus

The musical score for the Sanctus is written in G major and 3/4 time. It consists of five staves of music. The first staff begins with the tempo marking 'All' and the lyrics 'Ho - ly, ho - ly, ho-ly Lord, God of pow-er and might.' The second staff continues with 'Heav-en and earth are full of your glo-ry. Ho-' and the third staff with 'san-na, ho-san-na, ho-san-na in the'. The fourth staff starts with the tempo marking 'Fine' and the lyrics 'high-est. Bless-ed is he who comes in the'. The fifth and final staff concludes with 'name of the Lord. Ho -'.

Music © 1991, Ken Canedo and Bob Hurd. Published by OCP Publications. All rights reserved.

Presider We give thanks to you for Jesus, whose first bed was a feed trough. He was baptized into the Jordan, tested in the wilderness, he traveled in fishing boats and told parables of farmers and seeds, labor and wages, yeast and bread.

On the night before he died, Jesus took bread, food of the poor, the work of field and hearth, he gave thanks, broke it and gave it to his friends saying:

Take and eat, this is my body, given for you, do this to remember me.

Again after supper he took the cup of wine, fruit of the land, gave thanks and gave it to his friends saying:

This is my blood, which is shed for you. When you do this, do it in memory of me.

Remembering Jesus' life, death and resurrection and awaiting his coming kingdom, we offer you this bread and this cup.

Creator, send your Spirit on these gifts so that we know Jesus in them and are gathered together with everyone who shares this sacred meal of justice and community.

Fill us with the courage and love of Jesus, that we may strive for justice and peace, respect the dignity of every human being, and safeguard the integrity of creation.

Bring us with St Laurence and St Catherine and all your saints to your commonwealth of sparrow and lily, child and beggar which is both now and yet to come.

All honor and glory are yours, Creator, Christ and Spirit, now and forever. **Amen**₂

Lord's Prayer



Our Fa-ther, who art in heav-en, hal-low-ed be
thy name; thy king-dom come; thy will be done on
earth as it is in heav-en. Give us this day our
dai - ly bread; and for - give us as we for - give
oth - ers; and lead us not in - to temp - ta - tion,
but de - liv - er us from e - vil.
For the king - dom and the pow - er and the
glo - ry are yours for - ev - er. A - men.

Music © 1993, 1999, Steve Croskey. All rights reserved. Used with permission.

The Breaking of the Bread

The celebrant breaks the consecrated bread.

Presider We break the bread of life,
and that life is the light of the world.

All **God here among us,
light in the midst of us,
bring us to light and life.**

Lamb of God

Lamb of God, you take a-way the sins of the world,
have mer - cy on us; have mer - cy on us.
grant us peace; grant us peace.

Music © 1991, Bob Hurd. Published by OCP. All rights reserved.

The Invitation

Presider Christ whose table was open to all,
is now present in this bread.

Christ whose word welcomed friend and stranger
offers friendship through this cup.

**All With people everywhere we affirm
God's goodness at the heart of humanity.**

Presider The gifts of God for the people of God

All Thanks be to God.

All Are Welcome

At St. Laurence, everyone is invited to the table. You may receive only the bread or both bread and wine. Non-fermented grape juice is available in the ceramic chalice, and gluten-free wafers are offered—just ask at the distribution. If you prefer a blessing, simply cross your arms across your chest.

Communion Hymn - *Transfigure Us, O Lord* (OCP 582)

Refrain

Trans - fig - ure us, O Lord, trans - fig - ure us, O Lord.

Break the chains that bind us; speak your heal - ing word, and

where you lead we'll fol - low. Trans - fig - ure us, O Lord.

Verses

1. Down from heights of glo - ry in - to the depths be - low, the
 2. Light for those in dark - ness, the hun - gry have their fill, glad
 3. Par - don for the sin - ner, a shep - herd for the sheep, a
 4. To the ho - ly cit - y, Je - ru - sa - lem, you go; your

1. love of God self - emp - tied, the love of God to show. You
 2. tid - ings for the hum - ble, the heal - ing of all ills; in
 3. drink of liv - ing wa - ter for all who thirst and seek, and
 4. face set toward the end - ing, the cross to be your throne. 7

to Refrain

1. light the path be - fore us, the way that we must go.
 2. these we glimpse your glo - ry, God's prom - is - es ful - filled.
 3. feast - ing at your ta - ble, the low - ly and the least.
 4. Shall we jour - ney with you and share your pasch - al road?

Text: Based on Matthew 17:1-9; Mark 9:2-10; Luke 9:28b-36. Text and music © 2002, Bob Hurd. Published by OCP Publications. All rights reserved.

Communion Hymn - *You Alone Are Holy* (OCP 631)

Refrain

You a-lone are ho - ly, you a-lone are Lord.
 You a-lone are wor - thy to be hon - ored and a -
 dored. Mer - cy you have giv - en, kind - ness you have
 shown. Love is you a - lone.

Verses

1. Who of us is sin - less in this place?
 2. What is there to do but thank you, then,
 1. Who of us de - serves your sav - ing grace?
 2. for the gift that we might call you friend?
 1. Who of us is good at all with - out your bless -
 2. Great - er love has not been known than that for which
 1. - ed love that falls up - on our hearts to
 2. you gave your on - ly son, that you might
 1. heal our bro - ken - ness?
 2. see us, pure and blessed.

2 to Refrain

© 1999, 2007, Universal Music Group–Brentwood Benson Music Publishing, Inc., and Sarah Hart.
 All rights reserved. Used with permission of CapitolCMGPublishing.com and Spirit & Song®, a division of OCP.

Moment of Silence

Take a moment to be still and know God. Let the world's noise fade as you listen for the deep stillness beneath it all. The silence begins and ends with the ringing of a bell.

Prayer after Communion

Presider Glory to God,
**All whose power, working in us,
 can do infinitely more than we can ask or imagine.
 Glory to God from generation to generation,
 in the Church and in Christ Jesus
 for ever and ever. Amen.**

Announcements

Blessing

Presider God of all grace,
 whose love desires the flourishing of all Your children,
 send us out to witness to this transforming power
 and to be agents of such amazing Grace,
 and the blessing of God, Creator, Sustainer
 and Giver of Life,
 be with you now and always. **Amen.**

Closing Hymn - *We Have Come at Christ's Own Bidding* (NCH 182)

1. We have come at Christ's own bidding
To this high and holy place
Where we wait with hope and longing
For some token of God's grace
Here we pray for new assurance
That our faith is not in vain
Searching like those first disciples
For a sign both clear and plain

2. Light break through our clouds and shadows
Splendor bathes the flesh-joined Word
Moses and Elijah marvel
As the heavenly voice is heard
Eyes and hearts behold with wonder
How the Law and Prophets meet
Christ with garments drenched in brightness
Stands transfigured and complete

3. Strengthened by this glimpse of glory
Fearful lest our faith decline
We, like Peter, find it tempting
To remain and build a shrine
But true worship gives us courage
To proclaim what we profess
That our daily lives may prove us
People of the God we bless

Carl P Daw, Jr, 1988

Deacon Go to the world with a blessing on your lips and
healing in your hands.

All Thanks be to God. Alleluia

The flowers on the Altar today are given in loving memory of Billie Wellwood and in thanksgiving for the many generous ministries Billie and her late husband Mike shared with the St. Laurence community. Remembered affectionately by their many friends.



REMINDER

Daylight Savings begins NEXT SUNDAY
Sunday, March 9, 2025
Remember to turn your clocks AHEAD one hour
next Saturday night

Acknowledgements

1. from All Are Welcome page 14
2. Salal + Cedar Watershed Discipleship Community and is authorized for use in the Anglican Diocese of New Westminster on Coast Salish Territory.

Rector: The Reverend Philip Cochrane
Deacon: The Reverend Patricia Ratcliffe
Honorary: The Reverend Carla McGhie
Music Director: Emilia Boronco
Wardens: Lei De Santis, Rick Barr, Heather Esposito
Trustees: Mitch Dodd, Brian Corbould, Detlef Beck,
Anne Dennis, Ken Blows
Family & Youth Leader: Jason Wood
St. Laurence Kids: Jason Wood
Treasurer: Rhonna Eksyma
Envelope Secretary: Larry Hoad
Privacy Officer: Allison Walker
Operations Manager: Curt Bruniski

Office Hours:
10:00am-3:00pm (drop-in)
Monday - Friday

www.saintlaurence.ca ▪ 604-936-5423 ▪
office@saintlaurence.ca

NEWS & NOTES

Wednesday Morning Prayer - 9:00 am

This small service is Morning Prayer, Bible Study and Eucharist all rolled into one. A great way to begin your day!

This week will be an Ash Wednesday Service.

Wooden Crosses

Once again, small wooden crosses are available, made from wood from St. Catherines, by Bernie Poitras, Cost - \$5.00

Proceeds will go toward the cost of doing the drain tile on the North side of the church building.



CLAY FUNDRAISER – FAMILY BINGO NIGHT!

Help the youth of St Laurence and Good Shepherd go to the CLAY conference this summer in Saskatoon, Saskatchewan, and join us for a fun-filled bingo night with family and friends!

Hope you can join us :)

- Where – St Laurence Anglican Church
- When – March 29, 6-8 pm
- All ages welcome!
- Tickets are \$10 per person, \$20 for a family
- Tickets will be available next Sunday, March 9
- Baked goods and drinks will be available to purchase!

Re - Newsletter Sent Each Week

Shaw Email Users

If you have a Shaw email address, you likely haven't been receiving the weekly e-news from us lately, due to Shaw's strong spam filters.

This means that our newsletter is blocked from even making it to your spam/junk folder.

You can attempt to fix your spam filters by googling Shaw Spam Filters and following the instructions to send blocked mail to your spam/junk folder.

When you find us in your spam folder you can add us as a safe sender. If that doesn't work, you can contact shaw directly.

The emails being blocked are sent by
office@saintlaurence.ca

Another option is to subscribe using a gmail address if you have one.

Going forward, you will also be able to access the newsletter on the website (Ministries > Members Portal > Weekly Newsletter).

Please contact office@saintlaurence.ca or sharon.taylor@saintlaurence.ca if you need the password.



PWRDF

The Primate's World Relief
and Development Fund

You are invited to a PWRDF event for
Parish Reps and anyone else who is interested!

Date: Saturday, March 8th, 2025 from

Time: 9:30 am – 12:00pm.

(registration begins at 9:30)

Location: St. Laurence, 825 St. Laurence St,
Coquitlam

(The event is FREE - but please RSVP to
pwrdfnewwest@gmail.com)

During our time together you will meet
Archbishop John Stephens, our Diocesan Unit Chair -
The Rev. Joe Dirbas, members of our unit and other
Parish reps.

We will have presentations from the National Staff
with the opportunity to ask questions and a chance to
meet in small groups to share news of parish activities.

*****Coffee, tea and goodies will be provided.*****

All are welcome! Clergy, Parish reps and anyone
interested in the work of PWRDF.

Transfiguration

*While Jesus was praying,
the appearance of his face changed,
and his clothes became dazzling white.*

—Luke 9.29

He is an ordinary person,
also dazzling with light.

We are given clarity,
and also an obscuring cloud.

Jesus, no different from you,
is the Son of God.

Sometimes we see the light
that was always there.

Your neighbor, shabby looking
on Saturday morning, gleams with heaven's radiance.

You are no one special
and everything you do matters.

It's just bread
and also the body of God.

Creation and the end of time,
Moses and the life to come, are all present.

It's as if we need to wear sunglasses all the time,
everything shining with God like that.

*Steve Garnaas-Holmes
Unfolding Light*

St Laurence Anglican
Church, Coquitlam

Lenten Series: Learning to be Brave

A five-week Lenten journey inspired by
How We Learn to Be Brave by Bishop Mariann Edgar Budde.

March 13: The Call to Courage
March 20: Facing Fear and Uncertainty
March 27: The Power of Community
April 3: Resilience in Suffering
April 10: A Courageous Yes

10 AM	In-person at St Laurence
7.30 PM	On Zoom

Discover the bravery that comes through faith, community,
and trust in God.

All are welcome! ✨ Register at office@saintlaurence.ca

www.saintlaurence.ca

 [StLaurenceCoquitlam](https://www.facebook.com/StLaurenceCoquitlam)



ASH WEDNESDAY

*"Remember that you are dust,
and to dust you shall return."*

Service Times

9AM Bible Study & Holy Communion
with the imposition of Ashes

1PM Midday Prayers with the
Imposition of Ashes.

7PM Evening Prayer with the
Imposition of Ashes

➤ St Laurence Anglican Church,
Coquitlam